

# 8 - What's a Surefire Way to Remedy an ED?

Source: [Crunchyroll](#)

Translator:

Editor:

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(Please feel free to edit the speaker names if incomplete or inaccurate. Names are handled on a best-effort basis depending on the info on the source file. Dialogue is left as is.)

**SIGN** *Comical Psychosomatic Medicine!*

**SIGN** Episode 8

"What's a Surefire  
Way to Remedy an ED?"

**[00:14] Asuna**

Hey, Onee-chan, look at all these shells!

**[00:17] Iyashi**

And look at all these moray eels!

**[00:20] Iyashi**

Try and catch them!

**[00:21] Asuna**

Hey! Onee-chan!

**[00:24] Ryou**

*Why am I the only one  
in a white coat, anyway?*

**[00:27] Ryou**

*I just look like a pervert.*

**[00:29] Himeru**

E-Excuse me...

**[00:34] Ryou**

*What is that creature?!*

**SIGN** Sploosh

**[00:41] Asuna**

O-Onee-chan?!

**[00:43] Iyashi**

Himeru?

**[00:44] Ryou**

There's another Kangoshi now?!

**[00:47] Himeru**

I'm embarrassed to be seen, so I was  
hiding behind the sea cucumbers...

**[00:50] Ryou**

I'm so embarrassed!

**[00:51] Ryou**

I'm far more embarrassed than you are!

**[00:52] Iyashi**

Come on, Himeru. Introduce yourself.

**[00:55] Himeru**

N-Nice to meet you, Mr. Sea Cucumber.

**[00:57] Ryou**

Who introduces themselves to a sea cucumber?!

**[00:58] Iyashi**

No, no. That's a sea cucumber, too,  
but I meant the one in the white coat.

**[01:03] Ryou**

I'm a sea cucumber?!

**[01:05] Himeru**

I hold burning passion in my heart!

**[01:07] Himeru**

I will protect your heart!

**[01:09] Ryou**

A catch phrase?!

**[01:10] Himeru**

I'm the second Kangoshi  
daughter, Kangochi Pime!

**[01:12] Ryou**

She said it wrong!

**[01:13] Asuna**

Onee-chan, you came to ask Dr.  
Ryou something, didn't you?

**[01:16] Himeru**

Oh, r-right...

**SIGN** Poing

**[01:18] Himeru**

It's actually about the urinary organs...  
Rather, the genital organs...

**[01:19] [SONG] SFX**

Floop

**SIGN** Poing

**[01:21] Himeru**

A lot of people come to me  
for help with ED lately.

**[01:21] [SONG] SFX**

Floop

**SIGN** Poing

**[01:23] [SONG] SFX**

Floop

**[01:24] Ryou**

Ah, ED, huh?

**[01:25] Ryou**

And don't talk about that  
while holding a sea cucumber!

**[01:27] Himeru**

The pervert in the trunks and  
white coat is being mean!

**[01:30] Ryou**

Pervert? Me?!

**[01:31] Iyashi**

Yes...

**[01:32] Iyashi**

It is strange that he's wearing trunks.

**[01:34] Ryou**

I'd be more of a pervert  
if I weren't wearing them!

**[01:37] Ryou**

Now then, today we'll be  
talking about ED once more.

**SIGN** °The swimsuit fan service is now over.

Thank you for understanding.

**[01:41] Asuna**

Question, Doctor!

**[01:42] Asuna**

At what point is ED considered ED?

**[01:44] Iyashi**

Most likely...

**SIGN** Is it harder than diamond?

**SIGN** Can it hammer nails?

**SIGN** Can it pierce concrete?

**SIGN** If you answered "No" to any of these → ED

**[01:46] Ryou**

That's too strict!

**SIGN** •It takes a long time to achieve erection.

•Erection is lost before completing the act.

•Difficult to achieve erection on certain days.

**[01:47] Ryou**

Many people have the wrong idea.

**[01:49] Ryou**

ED doesn't mean one can't  
get an erection at all.

**[01:52] Ryou**

Any condition resulting in  
low sexual satisfaction,

**[01:54] Ryou**

including these, is considered ED.

**[01:56] Asuna**

Doctor...

**[01:57] Asuna**

This anime has used the word "erection"  
more than any adult anime.

**[02:00] Ryou**

It's an episode about  
erections! I can't help it!

**SIGN** We might make the Guinness Book of World Erectords

**SIGN** Erectords!?

**[02:02] Himeru**

So, what causes ED?

**SIGN** Physical Causes

**SIGN** Mental Causes

**[02:04] [SONG] Text**

Causes of ED

**[02:04] Ryou**

There are mental and physical causes.

**[02:06] Ryou**

The most serious causes are physical.

**SIGN** Physical Causes

**SIGN** Diabetes • High Blood Pressure

Hyperlipidemia • Stroke

Heart Attack, etc.

**[02:08] Asuna**

What? But those conditions  
aren't that common, are they?

**[02:12] Ryou**

Fool! Don't take these lightly!

**[02:15] Asuna**

Who are you now?!

**[02:16] Ryou**

The greatest cause of ED is  
said to be arteriosclerosis.

**SIGN** Normal Blood Arteriosclerosis

Blood flows easily Blood flow restricted

**[02:20] Ryou**

Hardened arteries make already-narrow  
blood vessels even narrower,

**SIGN** Width of Various Arteries

**SIGN** Genitalia Around the Heart Around the Brain

**[02:24] Ryou**

making erection difficult.

**SIGN** Shwing

**[02:26] Ryou**

In other words,

**[02:27] Ryou**

if you're prone to ED and you also suffer  
from any of these, seek attention!

**SIGN** Someone in your family has one of these conditions. You don't exercise much. You like sweets.

**[02:31] Ryou**

Don't just brush it off as "in your mind."

**[02:33] Ryou**

Exercise and watch what you eat! Understand?!

**SIGN** Squeak...

**[02:36] Ryou**

She passed out?!

**[02:37] Asuna**

It's because you're shouting so loud, Doctor.

**SIGN** Himeru's Heart Genital Arteries

**[02:40] Asuna**

Onee-chan's heart is very small and delicate.

**[02:43] Ryou**

What?! Wait, don't compare  
it to genital arteries!

**SIGN** Mental Causes

**[02:46] [SONG] Text**

- Extreme anxiety
- Work stress
- Mental conditions such as depression

**[02:46] Ryou**

Of course, it may be for  
strictly mental reasons.

**[02:49] Ryou**

Things like stress and extreme anxiety  
can also restrict blood flow,

**SIGN** Mental conditions  
such as depression

**SIGN** Extreme Anxiety

Work Stress

**[02:52] Ryou**

making erection difficult.

**[02:54] Asuna**

I see. So either way,  
it comes back to blood vessels.

**[02:57] Asuna**

How do you reduce anxiety, then?

**[02:59] Ryou**

The best way is to express you're anxious.

**[03:02] Asuna**

Huh?

**SIGN** I can't be nervous!

**[03:03] Ryou**

The more you tell yourself not to be

nervous, the more pressure it puts on you.

**SIGN** Get up!

**[03:06] Ryou**

Stating that you're nervous  
will reduce the stress,

**[03:08] Ryou**

making erection easier.

**SIGN** I'm so nervous...

**[03:09] Guy**

Sorry... I'm so nervous...

**SIGN** You need an enema?

**[03:11] Girl**

You need an enema?

**[03:12] Ryou**

There's no way she could  
mishear him *that* much.

**[03:13] Himeru**

But you can't tell whether the  
cause is mental or physical, right?

**[03:17] Ryou**

No, either way, blood vessels are the

**[03:19] Ryou**

root cause, so there are solutions.

**SIGN** Viagra

Levitra

Cialis

**[03:21] Ryou**

Yes, when we think of ED,

**[03:23] Ryou**

we think of drugs like

**[03:25] Ryou**

Viagra, Levitra, and Cialis.

**[03:27] Asuna**

But I've often heard that drugs  
like these are bad for your heart.

**[03:31] Ryou**

Well, aside from people with  
existing heart conditions,

**[03:34] Ryou**

these drugs themselves are  
not entirely to blame.

**[03:36] Ryou**

Most effects on the heart  
are caused not by the drug

**[03:39] Ryou**

so much as by what you do after taking it.

**[03:42] Asuna**

What would you do after taking it?

**[03:43] Ryou**

You're asking that *now*?

**[03:45] Himeru**

Can you buy the drugs online?

**[03:48] Ryou**

Well, when drugs are sold online,  
it's not uncommon to find fakes.

**[03:52] Ryou**

It's safer to get a prescription  
from a medical institution.

**SIGN** Rule of Paraguay

**[03:55] Guy**

Congratulations!

**[03:55] Asuna**

They sent him Paraguay instead of Viagra...

**[03:56] All**

King! King! King!

**[03:58] Ryou**

A fake that big isn't even possible!

**SIGN** Paraguay

**[04:00] Guy**

Delivery.

**[04:01] Himeru**

They sent him a chipmunk instead of Cialis...

**SIGN** Are you mean?

**[04:03] Ryou**

Don't swallow that!

It won't give you an erection!

**[04:06] Iyashi**

They sent him a young, rich, faithful,  
handsome young man instead of Levitra.

**[04:07] Guy**

Hi!

**[04:10] Ryou**

Okay, that's not even a pun.

That's just what you wish for.

**[04:13] Ryou**

Regardless, if you're  
successful even just once,

**[04:16] Ryou**

it may work out naturally the next time.

**SIGN** Today's Theme:

"ED"

(Erectile Dysfunction)

**[04:19] Ryou**

Don't stress over it alone.

Start by opening up to someone.

**[04:22] All**

Okay!

**[04:23] Ryou**

By the way, Himeru-san,

**[04:25] Ryou**

what advice would you give to a man  
who's too nervous to achieve an erection?

**[04:29] Himeru**

U-Um...

**[04:32] Himeru**

Don't stiffen up so much...

**[04:35] Ryou**

That's a bit contradictory.

**SIGN** This program is a work of fiction. There is no guarantee that the treatments mentioned herein

will work. Before having a medical exam, make sure the doctor deals in these treatments first.

**SIGN** If you're suffering from contradictions,  
visit the mental clinic!

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