

# 5 - Your Favorite Color Tells All About Your Mental State!

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**SIGN** *Comical Psychosomatic Medicine!*

**SIGN** Episode 5

"Your Favorite Color Tells  
All About Your Mental State!"

**[00:10] Ryou**

Hello, everyone. I'm Ryou the psychologist.

**[00:13] Asuna**

I'm Nurse Asuna.

**[00:15] Iyashi**

I'm a goddess.

**[00:17] Ryou**

*Who is that?*

**[00:19] Iyashi**

I come when called! Hello!

**[00:21] Iyashi**

I am the goddess of color.

**[00:23] Ryou**

Goddess? Wait, wait, wait!

**[00:24] Ryou**

This world view is already messed up!

**[00:28] Asuna**

A simple gag anime doesn't have world views.

**[00:31] Ryou**

*She said it!*

**[00:31] Asuna**

Right, Sis?

**[00:33] Iyashi**

That's right, Asuna.

**[00:34] Ryou**

That's your sister?! So she's human, then!

**[00:37] Asuna**

You really thought she was a goddess?

**[00:39] Ryou**

What?!

**[00:40] Iyashi**

Nice to meet you. I'm the eldest  
Kangoshi daughter, Kangoshi Iyashi.

**[00:43] Iyashi**

Thanks for always taking  
care of my nurse sister.

**[00:45] Ryou**

She's more polite than I expected!

**[00:47] Asuna**

C'mon, Sis. I'm the one  
who takes care of him.

**[00:49] Iyashi**

That's true. He seems like  
he needs a lot of care.

**[00:53] Iyashi**

Do you change his diapers, too?

**[00:54] Asuna**

Of course. He wets them right away.

**[00:56] Iyashi**

Oh, dear.

**[00:57] ---**

Big excitement leads to big floods, huh?

**[00:59] Ryou**

What?!

**[01:02] Ryou**

Now, today we'll conduct a  
psychological test using colors.

**[01:05] Asuna**

A psychological test using colors?

**[01:06] Asuna**

That's sexual harassment!

**[01:07] Ryou**

Huh?

**[01:08] Guy**

The color you chose is the color  
of the underwear you're wearing.

**[01:12] Girl**

Oh, gosh!

**[01:13] Iyashi**

Do you always sexually  
harass my sister this way?

**[01:15] Iyashi**

Do you always direct that carnal lust  
upon young girls' soft, snow white skin?

**[01:19] Ryou**

No! And why does that sound like some erotic novel for old men?!

**[01:23] Ryou**

Anyway, choose your favorite from among these colors.

**SIGN** Have You Chosen?

**[01:27] Ryou**

And here's the explanation.

**SIGN** White

**[01:29] Ryou**

First, white.

**[01:31] Ryou**

Do you know why

**[01:32] ---**

the image of hospitals, including our white coats, is generally white?

**[01:35] Asuna**

So no one will notice when you dribble toothpaste.

**SIGN** Dribble

**[01:38] Ryou**

No! It's not to hide stains!

**[01:40] Iyashi**

That's not good, Asuna. Isn't the answer obvious?

**[01:44] Iyashi**

Because it's obscene.

**[01:45] Ryou**

I didn't expect her answer to come from that direction!

**[01:47] Ryou**

In color psychology, white is said to give an image of purity and freshness.

**[01:52] Ryou**

That clean image is why hospitals mainly use white.

**[01:56] Iyashi**

So the contrast is what makes white coat cosplay so appealing!

**[01:58] Iyashi**

That *is* obscene!

**[01:59] Ryou**

You're still insisting on that?!

**[02:01] Ryou**

Next is black, the color said to be white's exact opposite.

**SIGN** Black

**[02:03] Ryou**

In color psychology, people who like black are highly sensitive

**[02:07] Ryou**

and tend to dislike being directed by others.

**[02:10] Iyashi**

I like black.

**[02:11] Ryou**

Really? I thought so...

**[02:12] Iyashi**

Yes, that glistening, shimmering jet black...

**[02:14] [SONG] Text**

Enthralled...

**[02:15] Ryou**

Where are you trying to take this anime?!

**[02:18] Ryou**

And then, red.

**[02:18] [SONG] Text**

Red

**[02:19] Ryou**

People who choose red are very dynamic,

**[02:21] Ryou**

but they can have drastic mood swings and become emotionally unstable.

**[02:25] Asuna**

Sis, you also like red, don't you?

**[02:27] Iyashi**

I'm a super-cool young person in the now.

**[02:30] Iyashi**

I'd be a liar, liar, pants on fire if I said I didn't.

**[02:31] Ryou**

That language is a bit outdated!

**[02:33] Ryou**

Red is also known as an "expansive color."

**[02:35] Ryou**

Red makes things appear larger than they are.

**SIGN** As Swift as Wind, As Silent as Forest, As Fierce as Fire As Unshakable as Mountain

**SIGN** Wind, Forest, Fire, Mountain

*(Fuurin Kazan)*

**[02:38] Ryou**

Many men in Takeda Shingen's army colored their weapons red.

**[02:42] Ryou**

It's said that they did so  
to intimidate their enemies.

**[02:44] Iyashi**

So that's why they call red lucky  
underwear "Takeda's night army."

**SIGN** Fuurin Kazan

**[02:47] Ryou**

Why do you always take the  
conversation in that direction?

**SIGN** Blue

**[02:50] Ryou**

And then blue.

**[02:51] Ryou**

People who like blue are  
said to be calm and quiet,

**[02:55] Ryou**

and to be very respectful  
of social hierarchies.

**[02:58] Asuna**

Yes! I like blue!

**[03:00] Asuna**

I'm respectful of social hierarchies!

**[03:01] Asuna**

So you do get it, even though  
you're just Dr. Ryou!

**[03:04] Ryou**

*Huh?! Has she decided that I'm beneath her?!*

**[03:06] Ryou**

Next is pink.

**SIGN** Pink

**[03:07] Ryou**

People who like pink are said  
to be peaceful and stable,

**[03:10] Ryou**

but they have a tendency toward dependence.

**[03:12] Ryou**

By the way, experiments showed  
that violent prisoners

**[03:16] Ryou**

placed in a room painted pink  
took on a calmer mental state.

**[03:19] Iyashi**

Wow...

**[03:20] Iyashi**

What if they were placed in a  
room covered with pink flyers?

**[03:22] Ryou**

That'd just make them sexually violent!

**[03:24] Ryou**

There are other colors, like purple,  
which is said to indicate arrogance,

**[03:29] Ryou**

but I'll digress a bit here.

**[03:30] Ryou**

It's said that cool colors,  
like blue and aqua,

**[03:32] Ryou**

and warm colors, like red and orange,

**SIGN** Cool Colors

**SIGN** Warm Colors

**[03:35] Ryou**

cause people to sense time differently.

**[03:38] Iyashi**

Which makes you more sensitive?

**[03:40] Ryou**

That's not what I meant!

**[03:41] Ryou**

When looking at cool colors,  
time feels shorter,

**SIGN** Warm Colors

**SIGN** Cool Colors

**[03:44] Ryou**

and when looking at warm  
colors, time feels longer.

**[03:46] Iyashi**

What if you're looking  
at man-on-man colors?

**[03:49] Ryou**

That would stop time! Wrong kind of color!

**[03:51] Ryou**

So when you're meeting with someone,

**[03:53] Ryou**

it may be best to suggest a place with  
cool colors in case you're late.

**[03:57] Iyashi**

Would it be okay to come a day late?

**[04:00] Ryou**

He'd definitely turn blue, then.

**[04:01] Ryou**

On the other hand, warm colors are often  
used in places that serve alcohol.

**[04:06] Ryou**

This is a strategy to  
increase the turnover rate.

**[04:08] Iyashi**

So wearing a red obi would make it easier to twirl a lady in kimono?

**SIGN** Oh, nooooo!

**SIGN** Turnover Rate Up!

**[04:12] Ryou**

Not that kind of "turn"!

**[04:13] Iyashi**

As you can see...

**[04:15] Iyashi**

There are all kinds of psychology behind colors.

**[04:17] Ryou**

Huh?!

**[04:18] Iyashi**

For example, blue is ideal if you want to calm down.

**[04:20] Iyashi**

If you want to work hard, red is ideal.

**[04:22] Iyashi**

You should wear the color with the effect you desire,

**[04:24] ---**

and keep that color around you.

**[04:26] Iyashi**

I hope today's discussion has been helpful.

**[04:28] Ryou**

*She took over at the end and wrapped everything up!*

**[04:30] Asuna**

I thought we wouldn't make it to the end

**[04:32] ---**

thanks to Dr. Ryou's pacing. Right, Sis?

**[04:34] Iyashi**

That's right.

**[04:35] Ryou**

That's entirely your fault, you two.

**SIGN** This program is a work of fiction. There is no guarantee that the treatments mentioned herein

will work. Before having a medical exam, make sure the doctor deals in these treatments first.

**SIGN** If your pacing is off, visit the mental clinic!